

Transitional Assistance Department

Locations	
29 Palms	73629 Sun Valley Dr. Twentynine Palms, CA 92277
Adelanto	10875 Rancho Rd. Adelanto, CA 92301
Barstow	1900 E. Main Street Barstow, CA 92311
Colton	2040 Woodpine Ave. Colton, CA 92324
Del Rosa	1585 E. Highland Ave. San Bernardino, CA 92404
Fontana	7977 Sierra Ave. Fontana, CA 92335
Hesperia	9655 9th Ave. Hesperia, CA 92345
Hesperia Medi-Cal Office	15980 Main St. Hesperia, CA 92345
Needles	1090 E. Broadway St. Needles, CA 92363
Ontario	1637 E. Holt Blvd. Ontario, CA 91761
Ontario Medi-Cal Office	1627 E. Holt Blvd. Ontario, CA 91761
Rancho Cucamonga	10825 Arrow Rte. Rancho Cucamonga, CA 91730
Rialto	1175 W. Foothill Blvd. Rialto, CA 92376
Redlands	1811 W Lugonia Ave. Redlands, CA 92374
San Bernardino	265 East Fourth Street San Bernardino, CA 92415
San Bernardino	2050 N. Massachusetts San Bernardino, CA 92415
Victorville	15010 Palmdale Road Victorville, CA 92392
Yucaipa	32353 Yucaipa Blvd. Yucaipa, CA 92399
Yucca Valley	56357 Pima Trail Yucca Valley, CA 92284

To inquire about your benefits,
please call our Customer Service Center:
1-877-410-8829

To apply for benefits, please visit:
www.C4Yourself.com



Human Services
works to build
a healthier
community by strengthening
individuals and families,
enhancing quality of life and
valuing people.



Transitional
Assistance Department
Building Bridges to a Brighter Future



cal fresh
BETTER FOOD FOR BETTER LIVING



1-877-410-8829

What is CalFresh?

CalFresh is a benefit program to help low-income people buy the food they need for good health. CalFresh benefits are not cash. CalFresh benefits are provided on an electronic card that is used like an ATM or bank card to buy food at most grocery stores.



Can I get CalFresh?

To get CalFresh benefits, your income has to be under a certain limit.

Income: There are two income limits: Gross and Net. Your total income before taxes or any other subtractions is called gross income. However, certain subtractions to your gross income, called deductions, are allowed. Deductions can be for things like housing costs, child support payments, child or dependent care payments and monthly medical expenses over \$35 for elderly or disabled people. The amount left over after these deductions is called net income.

Benefit Amount: The amount of CalFresh benefits a person or family can receive is based on the U.S. Department of Agriculture's (USDA) Thrifty Food Plan. The plan estimates how much it costs to provide a household with nutritious low-cost meals. The estimates are revised every year to keep pace with changes in food prices.

A separate insert with income tables (CalFresh limits) and the maximum monthly benefit amounts are included with this brochure.

Who qualifies for CalFresh?

Specific eligibility requirements for CalFresh consider citizenship, income, and other factors. Generally, benefits are available to low income individuals and families who are:

- U.S. citizens, or
- Legal immigrants who:
 - Have lived in the country for five (5) years, or
 - Are receiving disability-related assistance or benefits, regardless of entry date, or
 - Are children under 18 years of age, regardless of entry date.

Applying for, and receiving, CalFresh will not affect a person's immigration status or hurt your chances of becoming a U.S. citizen.

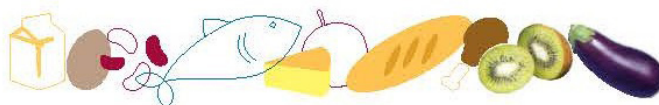
Recipients of Supplemental Security Income/ State Supplementary Payment (SSI/SSP) are not eligible to CalFresh.

What are the requirements for CalFresh?

To receive CalFresh benefits, eligibility requirements must be met in the following areas:

- Citizenship/Immigration status,
- Income,
- Residence,
- Work registration, and
- Applying for a Social Security number.

Other requirements may apply based on individual/family circumstances.



How do I apply for CalFresh?

Families and individuals requesting CalFresh must complete application forms. You can apply for CalFresh benefits by:

- Completing an on-line application at www.C4Yourself.com
- Calling the Customer Service Center at 1-877-410-8829 to request an application be mailed to you
- Printing and completing the application from the following website: <http://www.dss.cahwnet.gov/cdssweb/entres/forms/English/DFA285A1.pdf> and mailing it to the closest Transitional Assistance Department (TAD) office
- Completing an application at a local TAD office located throughout the county (see other side for list)

Families and individuals can request their application be processed as Expedited Service (ES) when applying for CalFresh. Applications that meet ES qualifications are to be processed within three (3) working days.

